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Sisters for Yah

Peace-promoting Scriptures

I've been a believer for many years, and it seems that there is always disagreement and division among those who claim to worship Yahweh. It used to trouble me to no end that many Sacred Name groups could not get along. Indeed, I've heard unbelievers make comments such as, "I don't want to get involved with any religious group because I see too much division!" It's truly sad that the world has to witness this. I used to endlessly worry about those with different doctrines. I now know that much of my worry was unfounded because of one simple reason: Yahweh is in control. As believers, we often forget this fact.

Over the years, two scriptures, in particular, have comforted me tremendously. The first is found in Philippians 2:12, and it basically tells us to "work out our own salvation with fear and trembling." This comforts me because now I can look at other believers and realize that they are in the same boat as I am—trying to work out their own salvation, just as I am trying to do. Is anyone perfect? No!

The second Scripture tells us: ...let everyone be convinced in their own minds, Romans 14:5. Some translations say "fully persuaded." This tells me that I should not judge anyone who is not

"fully persuaded" in an area that I might be. It makes me feel compassion for those struggling to learn and accept certain doctrines that they are new to. We are creatures of habit, and we can't unlearn many years of habits overnight.

We may never see "unity" among all believers in our lifetimes. But that's I come back to my original thought, that Yahweh is still in control. We see him working in our lives. takes a lifetime to properly grow in grace and knowledge. Never give up the fight. Keep studying and praying. It's often been said that we will probably see people in Yahweh's Kingdom that we never thought would be there very sobering and humbling. So let us all continue working out our own salvation!

We know that all things work together for good for those who love Yah...

Romans 8:28

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Raising a polite child in our modern world

A lot has changed in our modern world. It used to be a given that children were taught to say "please" and "thank you." Bad behavior is everywhere nowadays! Don't despair; it's never too late to start.

- 1. Be a role model at all times. If your child sees you yelling at the store clerk, what do you think he or she will do the next time a difficult situation comes up?
- 2. Teach them how to act. Playtime is the best time. Use dolls, action figures, or stuffed animals to role play different scenarios. Emphasize positive actions.
- 3. Meal time together is important. The "lost art" of sitting down to dinner needs to be restored. Studies show that children who eat meals with their families have much better manners than those who are allowed to eat while sitting in from of the television.
- 4. Enforce polite language. Saying "please" and "thank you" should never be optional.
- 5. Notice the good, too. Don't just respond to the bad. If you see your child doing something good, say something! Don't overly praise, but a sincere, "I love how you sat quietly and patiently until I finished my phone call" goes a long way!





What to ask instead of, "How was your day?"

When their children get home from school, most parents ask, "How was your day?" The common answer is, "Fine." Conversation ends. As an alternative, some parents will ask, "What did you learn today?" "Nothing," comes the standard reply. Again, conversation ends. Get ready to open a bigger discussion. Your little "chatterbox" is just itching to tell you a mouth full. Try these for a change of pace:

- 1. What did the cafeteria serve for lunch today? What was your favorite?
- 2. What games did you enjoy at recess?
- 3. Did anything make you laugh today?
- 4. Did anything make you sad?
- 5. Was there anything fun that happened?
- 6. What did you feel most good about?
- 7. Did you learn anything new that surprised you?
- 8. Is there anything new going on with your friends?
- 9. What is the most popular things to do at recess?



Easy ways to become a better cook

"How do I keep my brown sugar from becoming solid as a rock?"

Easy answer: just toss in a kosher marshmallow! It will keep the sugar moist. Once you notice the marshmallow becoming dryer, just replace it with a fresh one.

"What's the best way to pick out good fruit at the grocery store?"

First don't choose any with visible bruises! Hold several in your hands. The heavier the fruit, the more juicy they will be. This is particularly true with oranges. And yes, do the smell test. The riper a fruit is the more fragrant. None of this is an exact science, but they do help!

"Is it okay to have lumps in my cake batter?"

Absolutely! Never over-mix batter. The lumps won't be there after it bakes. Gently fold the ingredients together. Too much mixing causes it to lose some of its lightness.

"Do dried bottled herbs go bad?"

Yes, but they do last a long time. Rub the spices between your fingers; if they still smell fragrant, continue to use them. Once they lose their aroma, toss them and buy a new bottle. Never pour them directly into your cooking pot. The steam from the pot might cause your herbs to clump in the bottle.

"Restaurant food always taste better!"

That's probably because restaurant food is heavily salted most of the time. Try to train yourself to enjoy the natural flavors of foods. Most people find the less they eat out, the more they enjoy home-cooked food!

CHOOSE FAITH OVER DOUBT

Doubt sees the obstacles, but faith sees the way
Doubt sees the darkest night; faith sees the brightest day
Doubt prevents us from taking a step, but faith soars on high
Doubt always questions, "Who believes?"
Faith answers, "I"!

(unknown author)



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Jewish Potato Pancakes (Latkes)

3 pounds grated potatoes (you can leave the skins on)

1 large onion, grated

4 egg whites, or 2 whole eggs

1/4 cup plain flour

1 T. soy sauce, optional but nice

Oil to fry



These are traditionally served with applesauce or sour cream, but eat them any way you like. Try melting some cheese on them and topping with salsa. They are even good as a side dish with ketchup.

Fun things to do with Chocolate Chips

- 1. Frost your cake with them! Allow them to melt, then spread all over.
- 2. Make chocolate oranges. Melt the chips and dip orange segments. Let harden on waxed paper. For candy store creativity, sprinkle on a little sea salt and red pepper flakes.
- 3. Add them to banana or zucchini bread for a change of pace.
- 4. Add them to pancakes. Kids love it!
- Buy some store-bought puff pastry from the frozen 5. Make a chocolate "pastry." dessert aisle and add a couple of spoons of chocolate chips. Roll up and bake.
- 6. Make a yummy ice cream topping. Try melting them down with a scoop of peanut butter. Great on plain vanilla ice cream.
- 7. Make a milkshake. Add some chips to your blender, along with a frozen banana and some milk.

